

Training Brochure

**Training
Eligibility &
Registration**

**Training
Schedule**

**Webinar &
Online Events**

2027

Training At-A-Glance

*Trainings align with the Institute for the Advancement of
Family Support Professionals National
Core Competencies Framework*

2027	Core Training	Advanced Health Educator	Refreshers
Who	All new Health Educators and Supervisors	HEs who have been trained in Core for at least 6 months	Previously certified Health Educators & Supervisors
What	Family Spirit Training Core Curriculum (0-3 year olds)	Family Spirit Training in Thrive curriculum (3-5 year olds), SSVS, Advanced HE Skills	Family Spirit Training Refreshers for Core
When	March, May (virtual), July, October, December (virtual) - refer to detailed schedule	March & October	Available at each offering
Where	Regional Locations and virtually on Zoom - refer to detailed schedule	In person only: Sacramento and Minneapolis No virtual training for AdvHE	Available at each offering

CORE CURRICULUM TRAINING OVERVIEW

Trainees will learn basic home visiting skills and how to deliver the 65 Family Spirit Core lessons for use with families with children ages 0-3 years old. Currently, there are three certificate types offered for Family Spirit Training that include: 1) Health Educator, 2) Supervisor, and 3) Refresher.

For previously certified Family Spirit Health Educators and Supervisors, refresher training provides the opportunity to keep their curriculum and implementation skills current, review updated curriculum concepts, and reconnect with Family Spirit affiliate sites across the country. This training can also benefit Health Educators who have not attended Family Spirit in the last two years or for those transitioning into a new Family Spirit Supervisor role within their organization.

ELIGIBILITY AND CRITERIA:

- FS Health Educator/Supervisor Certificate: Must be a current or onboarding Family Spirit affiliate site.
- Virtual trainings will be offered twice in the calendar year with limited availability for those unable to attend in person due to budget, travel, or family constraints. In-person sessions better support skill development and engagement; we encourage attendance at an in-person training whenever possible.



CORE REFRESHER CURRICULUM TRAINING

In 2023, the Family Spirit National Office began strongly recommending Family Spirit Health Educators attend a Refresher Training every two years after certification. This training is designed to strengthen implementation skills and deepen connection to the Family Spirit network. Participants will revisit key program elements—such as lesson fidelity and the use of the home visit structure—with an emphasis on maintaining clear visit focus. The training also offers a collaborative space for co-learning and sharing insights gained through experience delivering Family Spirit. Health Educators leave re-energized, confident in program fidelity, and equipped with updated tools and strategies to enhance family engagement and outcomes.

ELIGIBILITY AND CRITERIA:

- It is highly recommended that Family Spirit Certified Health Educators participate in Refresher training every two years. This ensures attendees possess the foundational experience needed to enhance their skills and knowledge.
- Refresher trainings will be available at all training offerings.
- Check in with your liaison to determine which refresher is right for you.



CORE CURRICULUM HEALTH EDUCATOR TRAINING

2027 Calendar Year

All phases of training are included in the training package

The Family Spirit training format was updated in 2026 to be more comprehensive, reflecting the growing content and skills needed for Health Educators to support families and strengthen communities. The Core training is now offered in four distinct phases to prepare trainees to deliver culturally responsive, high-quality home visiting to families using the Family Spirit model.

01.

Pre-Training Preparation (2 Weeks: Virtual/Independent)

Trainees will join two virtual cohort meetings (Kick-Off) and are expected to complete on-demand modules in the JHU CoursePlus platform. This phase builds familiarity with the training process, curriculum tools, home visit structure, and culturally responsive approaches while ensuring all needed supports and supplies are in place.



02.

Training to Learn and Practice (1 Week: In-Person or Virtual)

Trainees gather for 1 week of learning through role play, practice, and guided preparation for lesson delivery. Alongside these skills, participants are introduced to the foundational practices of home visiting—building relationships, supporting families, and fostering trust—so they feel ready to begin seeing families.



03.

Post-Training Learning Cohort (3 Monthly Sessions)

Following the training, the cohort will gather virtually once a month for three months to deepen skills and reflect together. These sessions focus on using home visiting tools, strengthening core practices, and exploring implementation considerations tailored to each community's needs.



04.

Affiliate Site Support Meeting (1 Session)

Following the Post-Training Learning Cohort, the training team meets with the site to offer personalized support. Together, we revisit tools, review program processes, and observe lesson delivery. This collaboration ensures each site is well-supported for long-term success. The site then enters into quarterly check-ins for ongoing implementation support from the Family Spirit National Office.



2027

FAMILY SPIRIT CORE CURRICULUM TRAINING SCHEDULE

Training Location	Registration Deadline	2 Kick-Off Meetings (Both Meetings are REQUIRED)	Live Training (M-F)	Post-Training Days (All 3 sessions are REQUIRED)
Sacramento, CA	Friday, January 22, 2027	• KO #1: Tues, Feb. 16, 2027 • KO #2: Tues, Feb. 23, 2027	March 1-5, 2027	1. Wed, April 7, 2027 2. Wed, May 5, 2027 3. Wed, June 2, 2027
Virtual Training*	Friday, March 19, 2027	• KO #1: Tues, April 20, 2027 • KO # 2: Tues, April 27, 2027	May 3-7, 2027	1. Wed, June 9, 2027 2. Wed, July 14, 2027 3. Wed, Aug. 11, 2027
Denver, CO	Friday, May 28, 2027	• KO #1: Tues, June 29, 2027 • KO # 2: Tues, July 13, 2027	July 19-23, 2027	1. Wed, Aug. 18, 2027 2. Wed, Sept. 15, 2027 3. Wed, Oct. 13, 2027
Mineapolis, MN	Friday, August 20, 2027	• KO #1: Tues, Sept. 21, 2027 • KO # 2: Tues, Sept. 28, 2027	October 4-8, 2027	1. Wed, Nov. 3, 2027 2. Wed, Dec. 15, 2027 3. Wed, Jan. 19, 2028
Virtual Training*	Friday, October 15, 2027	• KO #1: Tues, Nov. 16, 2027 • KO # 2: Tues, Nov. 30, 2027	December 6-10, 2027	1. Wed, Jan. 12, 2028 2. Wed, Feb. 9, 2028 3. Wed, Mar. 8, 2028

All registrations must be received by 5 p.m. PT on the day of the deadline.

Training dates are subject to change due to low registration

Active affiliates can register for trainings through FS Connect or contact your liaison.

***NEW AFFILIATES:** please email familyspirit@jhu.edu to receive a registration link.

Follow us!



Training Registration link will
be live November 2, 2026

ADVANCED HEALTH EDUCATOR TRAINING

The journey of a Health Educator doesn't stop at Family Spirit Health Educator certification — families continue to face unique challenges and opportunities, and Health Educators need additional tools to serve families with confidence and care.

The Advanced Health Educator (AdvHE) Training is a 5-day training that builds upon the Family Spirit Core Curriculum training to expand capacity to support families with greater confidence, cultural responsiveness, and flexibility. **AdvHE will be offered in-person twice in 2027 — March in Sacramento, CA, and October in Minneapolis, MN.** Trainees will be trained in three (3) complementary trainings/home visiting competencies. AdvHE Training includes:

- **Family Spirit Thrive Training** — Certifies Health Educators in the 3-5 year old Thrive module. Family Spirit Thrive is a 20-lesson curriculum (8 Foundation Lessons and 12 Pathway Lessons) designed to strengthen whole-family wellness, early learning, and cultural connectedness.
- **Social Support Visit Structure (SSVS) Training** — Provides an eight (8) step-by-step alternative home visit framework grounded in Psychological First Aid. This approach equips Health Educators with practical tools to support families experiencing crisis, ensuring visits remain meaningful and supportive. SSVS includes guidance on when to pivot from planned lesson delivery, how to incorporate screening and resource connection, and strategies for Health Educator self-care. SSVS recommendations are also sensitive to the limited availability of responsive services often experienced in communities where jurisdictional and systemic barriers can impact access to care and support.
- **Enhanced Health Educator Competency Skills** — Reinforces advanced professional skills such as screening and assessment, cultural inclusion within Family Spirit implementation, health educator safety and self-sustainability, and partnership-building to support effective and locally responsive home visiting services.

TRAINING GOALS:

BY COMPLETING THE ADVANCED HEALTH EDUCATOR TRAINING, PARTICIPANTS WILL:

- Deliver Family Spirit Thrive with caregivers of 3–5 year olds.
- Use the SSVS training to support families' well-being.
- Respond confidently to family needs, including during times of crisis.
- Strengthen professional skills and educator competencies.
- Foster deeper connections with families, the community, and the Land.

ELIGIBILITY: Family Spirit Certified Health Educators and Supervisors who have been certified and delivering lessons for 3-6 months.



ADVANCED HEALTH EDUCATOR TRAINING

2027 Calendar Year

All phases of training are included in the training package

Family Spirit created a new training track called Advanced Health Educator Training. This training package includes the **Thrive Curriculum for 3-5 years old and the Social Support Visit Structure (SSVS)** to build and enhance Health Educators' skills to support families and strengthen communities. We offer this training in four distinct phases to prepare trainees to deliver culturally responsive, high-quality home visiting to families using the Family Spirit model.

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Pre-Training Preparation (2 Weeks: Virtual/Independent)

Trainees will join two virtual cohort meetings (Kick-Off) and are expected to complete on-demand modules in the JHU CoursePlus platform. This phase builds familiarity with the training process, curriculum tools, home visit structure, and culturally responsive approaches while ensuring all needed supports and supplies are in place.



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04.

Affiliate Site Meeting (1 Session) & Ongoing Support

Following the Post-Training Learning Cohort, the training team meets with the site to offer personalized support. Together, we revisit tools, review program processes, and observe lesson delivery. This collaboration ensures each site is well-supported for long-term success. The site then enters into quarterly check-ins for ongoing implementation support from the Family Spirit National Office.



2027

FAMILY SPIRIT ADVANCED HEALTH EDUCATOR TRAINING SCHEDULE

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Sacramento, CA	Friday, January 22, 2027	• KO #1: Tues, Feb. 16, 2027 • KO #2: Tues, Feb. 23, 2027	March 1-5, 2027	1. Wed, April 7, 2027 2. Wed, May 5, 2027 3. Wed, June 2, 2027
Minneapolis, MN	Friday, August 20, 2027	• KO #1: Tues, Sept. 21 2027 • KO # 2: Tues, Sept. 28, 2027	October 4-8, 2027	1. Wed, Nov. 3, 2027 2. Wed, Dec. 15, 2027 3. Wed, Jan. 19, 2028

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SUPERVISOR AND LEADERSHIP SERIES

Hosted monthly on Thursdays via Zoom at:
8am AKT | 9 am PT | 10 am MT | 11 am CT | 12 pm ET

JAN 21	• First Things First: Building Key Leadership Skills • Six Fundamental Characteristics of the Best Workplace Leaders
FEB 18	• How to Unleash the Power Within You! • How to Hold Employees Accountable for Their Performance
MAR 18	• Key Listening Strategies for Leaders • Effective Interpersonal Communication Skills for Leaders
APR 15	• Giving Crystal-Clear Instructions That Result in Action Without Any Misunderstanding • The Confidence Zone
MAY 20	• Attitude Adjustment Strategies that Turn Setbacks into Opportunities • How to Motivate Poor Employees (and everybody else too!)
JUNE 17	• Leading the Younger Generation • How to Lead More Experienced Employees
JULY 15	• Boosting Team Productivity • Building Trust and Respect: How to Earn the Right to Speak and be Heard
AUG 19	• How to Handle Troubled Employees: Identify Them and Prevent Trouble Before It Starts • How to Give Feedback Without Causing Defensiveness
SEPT 16	• How to Give Bad News with Clarity and Grace • Resilience: Beyond Change Management
OCT 21	• Build Accountability and Trust with Positive Confrontations • How to Manage Emotions in Heated Conversations
NOV 18	• Managing Unacceptable Behavior • Essential Skills for Rebuilding Difficult Relationships
DEC 16	• Performance Coaching • Twenty-One Career Accelerators



The Supervisory & Leadership Training is a one year, 24-course (two courses presented per monthly session) intensive program that aims to strengthen supervisory skills while helping to build a support network among other field-based supervisors and staff members.

This training is ideal for Family Spirit supervisors or health educators who are interested in learning supervisory skills.



FOR MORE INFORMATION

Register: See FS Connect's

Google Calendar

Email: familyspirit@jhu.edu

FAMILY SPIRIT WEBINAR SERIES

Hosted quarterly on Thursdays via Zoom at:
8am AKT | 9 am PT | 10 am MT | 11 am CT | 12 pm ET

Join us!

Family Spirit will host 4 quarterly webinars every year and focus on topics or themes we receive from our affiliates or the larger home visiting field.

Join us to connect to your best resource...each other! ❤️

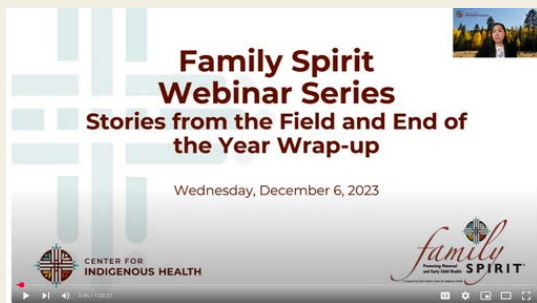
Feb 11, 2027

May 6, 2027

Aug 12, 2027

Nov 4, 2027

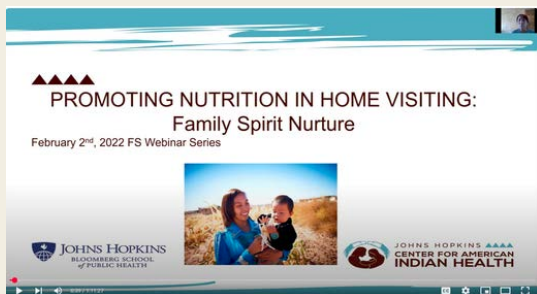
Past webinars include topics on:



Stories from the Field and End of Year Wrap-Up



Annual Curriculum Updates



Promoting Nutrition in Home Visiting



Screenings in Home Visiting

FOR MORE INFORMATION

Register: See FS Connect's
Google Calendar
Email: familyspirit@jhu.edu



TEA AND TA

IMPLEMENTATION SUPPORT & TECHNICAL ASSISTANCE



Offers an opportunity for Family Spirit home visitors and supervisors to connect, network, and share experiences and wisdom from the field.

What to Expect This Hour:

- Implementation Support
- Technical Assistance
- Connect with other affiliates
- Ask questions in a group forum



1st Friday of the month at 9 am PT	3rd Tuesday of the month at 10 am PT
Jan 8, 2027	Jan 19, 2027
Feb 5, 2027	Feb 16, 2027
Mar 5, 2027	Mar 16, 2027
Apr 2, 2027	Apr 20, 2027
May 7, 2027	May 18, 2027
Jun 4, 2027	Jun 15, 2027
Jul 2, 2027	Jul 20, 2027
Aug 6, 2027	Aug 17, 2027
Sep 3, 2027	Sep 21, 2027
Oct 1, 2027	Oct 19, 2027
Nov 5, 2027	Nov 16, 2027
Dec 3, 2027	Dec 21, 2027

Please register for the sessions on **FS Connect's Google Calendar** or email your liaison for support.

Available in 2027

SITE-BASED TRAINING

Open to new and current affiliate sites



Are you an eligible affiliate site? Your program can submit a request for virtual or in-person training after meeting the following criteria:

- Choose which training you'd like to host: Core, Advanced Health Educator or standalone FS Nurture, SSVS, Thrive or a combination.
- Identify a minimum of **10-12 staff members** for certification
- Be willing to engage in collaborative coordination with FS training team
- Enter into contract with JHU CIH at least **4 months** prior to core training date
- Submit payment to JHU CIH **2 months** prior to core training date

FOR A FULL EXPLANATION OF REQUIREMENTS

Email: familyspirit@jhu.edu

**Training Registration link will
be live November 2, 2026**



Information Sessions

Are you or your program interested in Family Spirit but not sure how to get started? Join us to learn more about the Family Spirit Program and Curriculum Training for health educators and home-visitors.

INFO SESSION OBJECTIVES:

1. Provide an overview of the Family Spirit program & curriculum
2. Explain steps to become an affiliate
3. Share helpful tips to prepare for training
4. Answer questions from attendees



Date
Feb 11, 2027
Mar 11, 2027
Apr 8, 2027
May 13, 2027
Jun 10, 2027
Jul 8, 2027
Aug 12, 2027
Sep 9, 2027
Oct 14, 2027
Nov 4, 2027
Dec 9, 2027
Jan 14, 2028

Meet with us!

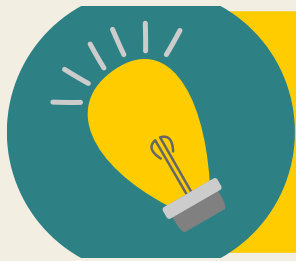
Second Thursday of every month @
10am AKT/11am PT/ 12pm MT/ 1pm CT/ 2pm ET

See schedule to register for next session.



Stay up-to-date with Family Spirit by subscribing
@ <http://eepurl.com/dLYod6>

For more information email us at: familyspirit@jhu.edu



Quick Finds

FS Connect: Affiliate Portal Link

Contact your liaison if you do not have access or need assistance with your login information.

<https://familyspiritprogram.org/client/>

- Register for Training
- Register for FS webinars & events
- Access all Core Curriculum Modules (when certified)
- Access all Thrive Curriculum Modules (when certified)
- Access the Precision Tool - scheduling tool for Health Educators
- Find forms and templates

Family Spirit Website:

<https://familyspiritprogram.org/>

- Learn more about Family Spirit
- Family Spirit contact information

Family Spirit General Email:

familyspirit@jhu.edu

New Affiliates: email is checked regularly

Current Affiliates: if you have specific questions please email your liaison.

