



# FAMILY SPIRIT HOME VISITING PROGRAM

TRAININGS AVAILABLE IN 2025

## Welcome to Family Spirit!

Thank you for taking the time to learn about our Family Spirit Program. We are excited to share the trainings that are available to support home-visitors working in Indigenous and diverse communities. Included in this catalog are training descriptions, eligibility criteria, and important 2025 dates for the upcoming year.

## CORE CURRICULUM TRAINING

Trainees will learn basic home visiting skills and how to deliver the 65 Family Spirit Core lessons. Currently, there are three certificate types offered for Family Spirit Training that include: **1) Health Educator 2) Supervisor and 3) Refresher.**

For certified Family Spirit Health Educators and Supervisors, refresher training provides the opportunity to keep their curriculum and implementation skills current, review updated curriculum concepts, and reconnect with Family Spirit affiliate sites across the country. This training can also benefit Health Educators who haven't used Family Spirit often or for those transitioning into a new FS Supervisor role within their organization.

Starting in 2023, we recommend all Family Spirit Health Educators and Supervisors complete a Refresher Training every two years.

### **Training:**

- PRE-TRAINING
  - KICK-OFF MEETING: Mandatory 3-hour virtual meeting
  - Independent/On-Demand Content: 20-24 hours of coursework
- CORE TRAINING
  - IN-PERSON: 8-HOURS PER DAY FOR 4 DAYS OVER 1 WEEK
  - Virtual: 6-hours per day for 5 days over 1 week
- POST TRAINING
  - 6 monthly 1-hour virtual sessions following core training with FS Liaison

### **Eligibility and Criteria:**

- FS Health Educator/Supervisor Certificate: Must be a current or on-boarding Family Spirit affiliate site
- FS Refresher: Must be a certified Family Spirit Health Educator **AND** work at a site that is actively implementing the Family Spirit curriculum



**REGISTER NOW**

# CORE CURRICULUM TRAINING SCHEDULE

**Join us for the upcoming 2025 Training Sessions**

LOCATION	REGISTRATION DEADLINE*	KICK-OFF MEETING	PRE TRAINING	CORE TRAINING
Sacramento, CA	January 31	February 25	Feb. 25 - Mar. 7	March 10 - 13
Denver, CO	April 25	May 20	May 20 - May 30	June 2 - 5
Zoom (Virtual)	June 13	July 8	July 8 - 18	July 21 - 25
Baltimore, MD	August 8	September 2	Sep. 2 - 12	Sep. 15 - 18
Albuquerque, NM	September 26	October 21	Oct. 21 - 31	Nov. 3 - 6
Zoom (Virtual)	October 24	November 18	Nov. 18 - 5	Dec. 8 - 12

\*Deadline to register is by 5 p.m. PT day of registration

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**FOR MORE INFORMATION**

Review: FS Connect Calendar  
Email: [familyspirit@jhu.edu](mailto:familyspirit@jhu.edu)





# FAMILY SPIRIT HOME VISITING PROGRAM

## TRAININGS AVAILABLE IN 2025

### SOCIAL SUPPORT VISIT TRAINING

**Thank you for taking the time to learn about our Family Spirit Program. We are excited to share the trainings that are available to support home-visitors working in Indigenous and diverse communities. Included in this catalog are training descriptions, eligibility criteria, and important 2025 dates for the upcoming year.**

As part of efforts to provide Home Visitors with more tools to support mental health, we are offering training on the newly developed Social Support Visit Structure (SSVS). This step-by-step SSVS is an alternative home visit structure developed to support families experiencing a crisis or distress preventing their participation in the planned curriculum lesson. The SSVS Training will be provided concurrently the same week of Core Training. All trainees have the option of attending SSVS and Thrive Training during the same week.

Things to know about the FS SSVS:

- Based on principles of Psychological First Aid
- Aims to help Home Visitors respond confidently and in a more standardized way
- Practice for Home Visitors needing to pivot from planned curriculum lesson
- Reviews a range of screening tools to assess safety and identify the need for specific kinds of referrals
- Provides Home Visitors with self-care references when they're completing this work

#### **Training Overview:**

- PRE-TRAINING
  - KICK-OFF MEETING: Mandatory 1.5-hour meeting via Zoom
  - Independent Work: Self Assessments
- CORE TRAINING
  - IN-PERSON: 8-HOURS PER DAY FOR 2 DAYS
- POST-TRAINING
  - One post-training call and quarterly check-ins with liaison
  - Report SSVS data in the Quarterly Affiliate Report

#### **Eligibility and CRITERIA:**

- Be a certified Family Spirit Home Visitor/Health Educator who has been conducting home visits with families (prenatal and/or with children ages 0-5) for at least 4 months
- Work at actively implementing Family Spirit affiliate site
- Have the full knowledge and support of your program supervisor
- Supervisors are required to participate in the virtual Kick-Off Meeting and one pre-training planning call. We strongly encourage direct supervisors to also attend the in-person training.





# SOCIAL SUPPORT VISIT STRUCTURE SCHEDULE

Join us for the upcoming 2025 Training Sessions

**In-Person Training:** Monday, March 10 – Tuesday, March 11, 2025

WHERE	REGISTRATION DEADLINE*	KICK-OFF MEETING	PRE TRAINING
Sacramento, CA	January 31	February 27	Feb. 27 - Mar. 9

**In-Person Training:** Monday, June 2 – Tuesday, June 3, 2025

WHERE	REGISTRATION DEADLINE*	KICK-OFF MEETING	PRE TRAINING
Denver, CO	April 25	May 22	May 22 - June 1

\*Register by 5 p.m. PT on the day of registration

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### THRIVE CURRICULUM TRAINING

**Thank you for your interest in this highly anticipated Family Spirit Thrive Training! The Family Spirit Home Visiting Program has extended the curricular content to families with children 3-5 years old. We are excited to announce available training descriptions, eligibility criteria, and important 2025 dates for the upcoming year.**

Trainees will first be introduced to the new module and its concepts which build upon skills learned from the Core Curriculum Training. An in-depth review of the curriculum, which offers 20 lessons consisting of 8 Core Lessons and 12 Pathway Lessons, will be provided concurrently the same week of Core Training. All trainees have the option of attending Social Support Visit Structure and Thrive.

FS Thrive is intended to support and encourage:

- Connections to Indigenous culture, traditions and language
- The whole wellness of a child and their family
- Caregivers and parents learning alongside their children
- The importance of connection with extended family, community, and environment
- Early learning concepts that are present in everyday life

#### **Training:**

- PRE-TRAINING
  - Kick-Off Meeting: Mandatory 1-hour meeting via Zoom
  - Independent/On-Demand Content: 10-hours total of content review
- CORE TRAINING
  - The in-person Core Training phase is scheduled in-person over 2 full days
- POST-TRAINING
  - One-Post Training meeting followed by Quarterly Check-Ins with FS Liaison
  - Reporting of basic Family Spirit Thrive data in Quarterly Affiliate Report

#### **Eligibility and Criteria:**

- Be a certified Family Spirit Home Visitor/Health Educator who has been conducting home visits with families (prenatal and/or with children ages 0-5) for at least 4 months
- Work at actively implementing Family Spirit affiliate site





# THRIVE TRAINING SCHEDULE

Join us for the upcoming 2025 Training Sessions

**In-Person Training:** Wednesday, March 12 – Thursday, March 13, 2025

WHERE	REGISTRATION DEADLINE*	KICK-OFF MEETING	PRE TRAINING
Sacramento, CA	January 31	February 27	Feb. 27 - Mar. 11

**In-Person Training:** Wednesday, June 4 – Thursday, June 5, 2025

WHERE	REGISTRATION DEADLINE*	KICK-OFF MEETING	PRE TRAINING
Denver, CO	April 25	May 22	May 22 - June 3

\*Register by 5 p.m. PT on the day of registration

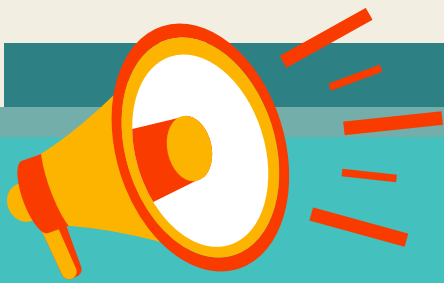
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Available in 2025

## **SITE-BASED TRAINING**

Open to new and current affiliate sites



**Are you an eligible affiliate site? Your program can submit a request for virtual or in-person training after meeting the following criteria:**

- Identify a minimum of **15 staff members** for certification
- Be willing to engage in collaborative coordination with FS training team
- Enter into contract with JHU CIH at least **4 months** prior to core training date
- Submit payment to JHU CIH **2 months** prior to core training date

**FOR FULL EXPLANATION OF REQUIREMENTS**

Review: FS Connect Calendar

Email: [familyspirit@jhu.edu](mailto:familyspirit@jhu.edu)



# SUPERVISOR AND LEADERSHIP SERIES

Hosted monthly on Wednesdays via Zoom  
 @ 9 am PT | 10 am MT | 11 am CT | 12 pm ET

The Supervisory & Leadership Training is a one-year, 24-course (two courses presented per monthly session) intensive program that looks to strengthen supervisory skills while helping to build a support network among other field-based supervisors and staff members. This training is ideal for Family Spirit supervisors or health educators who are interested in learning supervisory skills.

## FOR MORE INFORMATION

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 Email: [familyspirit@jhu.edu](mailto:familyspirit@jhu.edu)

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<b>JAN 15</b>	<ul style="list-style-type: none"> <li>• <b>First Things First: Building Key Leadership Skills</b></li> <li>• <b>Six Fundamental Characteristics of the Best Workplace Leaders</b></li> </ul>
<b>FEB 19</b>	<ul style="list-style-type: none"> <li>• <b>How to Unleash the Power Within You!</b></li> <li>• <b>How to Hold Employees Accountable for Their Performance</b></li> </ul>
<b>MAR 19</b>	<ul style="list-style-type: none"> <li>• <b>Key Listening Strategies for Leaders</b></li> <li>• <b>Effective Interpersonal Communication Skills for Leaders</b></li> </ul>
<b>APR 16</b>	<ul style="list-style-type: none"> <li>• <b>Giving Crystal-Clear Instructions That Result in Action Without Any Misunderstanding</b></li> <li>• <b>The Confidence Zone</b></li> </ul>
<b>MAY 21</b>	<ul style="list-style-type: none"> <li>• <b>Attitude Adjustment Strategies that Turn Setbacks into Opportunities</b></li> <li>• <b>How to Motivate Poor Employees (and everybody else too!)</b></li> </ul>
<b>JUNE 18</b>	<ul style="list-style-type: none"> <li>• <b>Leading the Younger Generation</b></li> <li>• <b>How to Lead More Experienced Employees</b></li> </ul>
<b>JULY 16</b>	<ul style="list-style-type: none"> <li>• <b>Boosting Team Productivity</b></li> <li>• <b>Building Trust and Respect: How to Earn the Right to Speak and be Heard</b></li> </ul>
<b>AUG 20</b>	<ul style="list-style-type: none"> <li>• <b>How to Handle Troubled Employees: Identify Them and Prevent Trouble Before It Starts</b></li> <li>• <b>How to Give Feedback Without Causing Defensiveness</b></li> </ul>
<b>SEP 17</b>	<ul style="list-style-type: none"> <li>• <b>How to Give Bad News with Clarity and Grace</b></li> <li>• <b>Resilience: Beyond Change Management</b></li> </ul>
<b>OCT 15</b>	<ul style="list-style-type: none"> <li>• <b>Build Accountability and Trust with Positive Confrontations</b></li> <li>• <b>How to Manage Emotions in Heated Conversations</b></li> </ul>
<b>NOV 19</b>	<ul style="list-style-type: none"> <li>• <b>Managing Unacceptable Behavior</b></li> <li>• <b>Essential Skills for Rebuilding Difficult Relationships</b></li> </ul>
<b>DEC 17</b>	<ul style="list-style-type: none"> <li>• <b>Performance Coaching</b></li> <li>• <b>Twenty-One Career Accelerators</b></li> </ul>





# FAMILY SPIRIT WEBINAR SERIES

Hosted quarterly on Wednesdays via Zoom

@ 9 am PT | 10 am MT | 11 am CT | 12 pm ET

These four webinars are hosted quarterly every year and focus on training topics or themes we receive from our affiliates or the larger home visiting field. A previous topic has included 'Mothers Experiencing Incarceration.'

Participation and interaction is modeled and highly encouraged between attendees.



## FOR MORE INFORMATION

Review: FS Connect Calendar

Email: [familyspirit@jhu.edu](mailto:familyspirit@jhu.edu)



**FEB 12**

**To Be Announced**

**MAY 14**

**To Be Announced**

**AUG 13**

**To Be Announced**

**NOV 12**

**To Be Announced**

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# MONTHLY CONNECTION HOUR

Hosted once a month via Zoom  
@ 9am PT | 10am MT | 11am CT | 12pm ET

Offers an opportunity for Family Spirit home visitors and supervisors to connect, network, and share learning objectives.

## During this hour, we will:

- Facilitate model updates
- Discuss topics related to the home visiting field
- Answer participant questions
- Share stories

January 10

February 7

March 7

April 4

May 2

June 6

July 11

August 1

September 5

October 3

November 7

December 5

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Email: [familyspirit@jhu.edu](mailto:familyspirit@jhu.edu)



# NEW

## FAMILY SPIRIT OFFICE HOURS

IN 2025

Bi-weekly on Tuesdays  
via Zoom @  
10am PT | 11am MT  
12noon CT | 1pm ET

January 14 & 28

February 11 & 25

March 11 & 25

April 8 & 22

May 13 & 27

June 10 & 24

July 8 & 22

August 12 & 26

September 9 & 23

October 14 & 28

November 11 & 25

December 9

Join us for our Family Spirit Office Hours focused on answering questions from Family Spirit Affiliates! This will be a dedicated space to get the support you need.

### What to Expect:

- *Overview of Digital Resources:* Learn about the key features and benefits of: 1) Digital Curriculum; 2) FS Connect; 3) Care4. We can help troubleshoot any issues with accessing tools from Family Spirit.
- *Implementation Support:* Bring your questions about lesson planning, home visiting practices, supplemental curriculum (THRIVE, SOCIAL Support, Nurture) integration strategies, and anything else on your mind. Our team is here to provide guidance and share insights.

Hosted on the First Wednesday of each quarter  
@ 9am PT | 10am MT | 11am CT | 12pm ET

# QUARTERLY AFFILIATE REPORT WORKSHOP

Join the Family Spirit Data Manager and Family Spirit peers to get a quick overview of the report, ask questions, share your programs successes and opportunities.

## During this hour, we will:

- Discuss the purpose of quarterly affiliate report
- Provide support for technical difficulties with Care4
- Review standard data entry practices

Jan. 8

April 2

July 2

Oct. 1

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Review: FS Connect Calendar  
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