

2024



FAMILY SPIRIT HOME VISITING PROGRAM

TRAININGS AVAILABLE IN 2024

Welcome to Family Spirit!

Thank you for taking the time to learn about the Family Spirit Program. We are excited to share the trainings we have available to support home-visitors working in Indigenous and diverse communities. Included in this catalog are the descriptions, eligibility criteria, and important dates for trainings taking place in 2024

CORE CURRICULUM TRAINING

Trainees will learn basic home visiting skills and how to deliver the 65 Family Spirit Core lessons. There are three certificate types offered for Family Spirit Training that include **1) Health Educator, 2) Supervisor, and 3) Refresher.**

For certified Family Spirit Health Educators and Supervisors, refresher training provides the opportunity to keep their curriculum and implementation skills current, review updated curriculum concepts, and reconnect with Family Spirit affiliate sites across the country. This is an ideal opportunity for Health Educators who haven't used Family Spirit in sometime or those who would like to enhance their skills. This training can also be used for Health Educators who transition into a FS Supervisor role.

We recommend all Family Spirit Health Educators and Supervisors to complete a Refresher Training every two years.

Training:

- PRE-TRAINING
 - Kick-off Meeting: 3 hours virtual meeting
 - Implementation Readiness Tool: 1 hour virtual meeting with site liaisons
 - Independent/On-Demand Content: 20-24 hours of content review
- CORE TRAINING
 - In-Person: 8-hours per day for 4 days in 1 week
 - Virtual: 5-6-hours per days for 5-days over 1 week
- POST TRAINING
 - 6 monthly 1hour virtual sessions following core training

To be eligible for:

- FS Health Educator/Supervisor Certificate: Current or on-boarding Family Spirit affiliate site
- FS Refresher: Be certified Family Spirit health educator AND work at a site that is actively implementing Family Spirit

CORE CURRICULUM TRAINING SCHEDULE

Up and Coming Training Sessions for the Year
Join Us!

LOCATION	KICK-OFF MEETING	PRE-TRAINING	CORE TRAINING	DEADLINE TO REGISTER
Sacramento, CA	Monday, April 22, 2024	Apr. 22 - May 3, 2024	May 6 - 9, 2024	Closed
Madera County, CA	Monday June 3, 2024	June 3 - 14, 2024	June 17 - 20, 2024	Friday, May 3, 2024
Virtual via Zoom	May 28, 2024	May 28 - June 7, 2024	June 10-14, 2024	Friday, May 3, 2024
Duluth, MN	Monday, July 22, 2024	Jul. 22 - Aug. 2, 2024	Aug. 5 - 8, 2024	Friday, July 5, 2024
Phoenix, AZ	Monday, October 7, 2024	Oct. 7 - 18, 2024	Oct. 21 - 24, 2024	Friday, September 27, 2024
Virtual via Zoom	Monday, November 25, 2024	Nov. 25 - Dec. 5, 2024	Dec. 9 - 13, 2024	Friday Nov. 1, 2024

To register please refer to FS Connect Calendar.

FOR MORE INFORMATION

Email: familyspirit@jhu.edu

2024

Available in 2024

SITE-BASED TRAINING

for large
affiliate sites



We also have the option to request virtual or in-person training that can be conducted specifically for an eligible affiliate site.

CRITERIA FOR SITE-BASED TRAINING INCLUDE:

- Identify at least 15 staff members for certification
- Willingness to engage in collaborative coordination of training
- Enter into contract with JHU Center for Indigenous Health at least 4 months prior to training date
- Payment made to JHU CIH 2 months prior to training

For full explanation of requirements for Site-Based Training, please email Family Spirit.

To register please refer to
FS Connect Calendar.

FOR MORE INFORMATION

Email: familyspirit@jhu.edu

2024



SUPERVISOR AND LEADERSHIP SERIES

Hosted monthly on Wednesdays via Zoom at:
9 am PT | 10 am MT | 11 am CT | 12 pm ET

The Supervisory & Leadership Training is a one-year, 24-course (two courses presented per monthly session) intensive program that looks to strengthen supervisory skills while helping to build a support network among other field-based supervisors and staff members. This training is ideal for Family Spirit supervisors or health educators who are interested in learning supervisory skills.

To register please refer to FS Connect Calendar.

FOR MORE INFORMATION

Email: familyspirit@jhu.edu

JAN. 17	<ul style="list-style-type: none"> • First Things First: Building Key Leadership Skills • Six Fundamental Characteristics of the Best Workplace Leaders
FEB. 14	<ul style="list-style-type: none"> • How to Unleash the Power Within You! • How to Hold Employees Accountable for Their Performance
MAR. 20	<ul style="list-style-type: none"> • Key Listening Strategies for Leaders • Effective Interpersonal Communication Skills for Leaders
APR. 10	<ul style="list-style-type: none"> • Giving Crystal-Clear Instructions That Result in Action Without Any Misunderstanding • The Confidence Zone
MAY 22	<ul style="list-style-type: none"> • Attitude Adjustment Strategies that Turn Setbacks into Opportunities • How to Motivate Poor Employees (and everybody else too!)
JUN. 12	<ul style="list-style-type: none"> • Leading the Younger Generation • How to Lead More Experienced Employees
JUL. 17	<ul style="list-style-type: none"> • Boosting Team Productivity • Building Trust and Respect: How to Earn the Right to Speak and be Heard
AUG. 21	<ul style="list-style-type: none"> • How to Handle Troubled Employees: Identify Them and Prevent Trouble Before It Starts • How to Give Feedback Without Causing Defensiveness
SEP. 18	<ul style="list-style-type: none"> • How to Give Bad News with Clarity and Grace • Resilience: Beyond Change Management
OCT. 9	<ul style="list-style-type: none"> • Build Accountability and Trust with Positive Confrontations • How to Manage Emotions in Heated Conversations
NOV. 13	<ul style="list-style-type: none"> • Managing Unacceptable Behavior • Essential Skills for Rebuilding Difficult Relationships
DEC. 11	<ul style="list-style-type: none"> • Performance Coaching • Twenty-One Career Accelerators

2024



FAMILY SPIRIT WEBINAR SERIES

Hosted quarterly on Wednesdays via Zoom at:

9 am PT | 10 am MT | 11 am CT | 12 pm ET

The Webinar Series includes 4 webinars per year focused on training topics or themes we hear from our affiliates or the larger home visiting field. This range of topics may address general home visiting skills, specific topic areas or field updates. The webinars also give affiliates a time to connect and share stories, learnings, and challenges from their experiences.

To register please refer to FS Connection Portal Calendar.

FOR MORE INFORMATION

Email: familyspirit@jhu.edu

FEBRUARY 7	2024 Family Spirit Curriculum Updates
MAY 2	Missing and Murdered Indigenous Relatives: Understanding Root Causes & Prevention Strategies
AUGUST 14	Guest Presenter - To Be Announced
OCTOBER 16	Indigenous People's Day
NOVEMBER 6	One Size Does Not Fit All: Implementing FS with a Precision Approach
DECEMBER 4	End of Year Wrap-Up

FOR MORE INFORMATION EMAIL: familyspirit@jhu.edu

DIGITAL CURRICULUM TRAINING

January 16

February 27

March 26

April 23

May 28

June 25

July 23

August 27

September 24

October 22

November 26

December 10

The Family Spirit digital curriculum training includes an orientation to the digital curriculum platform, an overview of how to navigate the system, and instruction to familiarize trainees on how to use the system features.

Key Features of the Digital Curriculum:

- Access the most current curriculum, updated regularly
- Contact clients directly through the platform
- Track clients' engagement and movement through the lesson modules
- Interactive activities
- All curriculum materials available on the screen at your fingertips

To register please refer to FS Connect Calendar.

Hosted once a month via

Zoom at:

10 am PT

11 am MT

12 pm CT

1 pm ET

FOR MORE INFORMATION

Email: familyspirit@jhu.edu



Hosted once a month via Zoom at:
9 am PT / 10 am MT / 11 am CT / 12 pm ET

MONTHLY CONNECTION HOUR

This gathering offers Family Spirit home visitors and supervisors the opportunity to connect, network and share learning objectives with each other.

We will meet once a month to:

- Facilitate model updates
- Discuss topics related to home visiting field
- Answer participant questions
- Share stories

January 5

May 3

September 6

February 2

June 7

October 4

March 7

July 5

November 1

April 5

August 2

December 6

FOR MORE INFORMATION

Email: familyspirit@jhu.edu

To register please refer to FS Connect Calendar.

